



## Hatteras Island Cancer Foundation Recipe Contest !!

We're pleased to announce that we're working on the second edition of our "Seasonings" Cookbook. You can help by sending us some of your favorite recipes. All submissions will be considered for publication in our new cookbook, and there will be awards for the top three recipes chosen. Submissions will be accepted until October 31, 2009. Winners will be notified by January 31, 2010. Publication planned for spring 2010.

**First Prize: \$75 gift certificate to Salty Gourmet**

**Second Prize: \$50 gift certificate to Conner's Market**

**Third Prize: \$25 gift certificate to Village Grocery**

Use the form below, or download an entry form at our website: **HICF.org**  
If you need additional space, use back of entry form. Forms can be copied and enlarged.  
Enter up to 5 recipes. Please include your name, address, and a daytime phone number with your entry form(s).  
Send entries to: **HICF Recipe Contest, PO Box 442, Hatteras, NC 27943**

**For a donation of \$10,  
you can dedicate your recipe  
to a family member or friend  
who has fought cancer.**

Maximum 75 characters

Please include a check  
payable to **HICF**

Name of Recipe: \_\_\_\_\_

Ingredients: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Instructions: \_\_\_\_\_  
\_\_\_\_\_  
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Dedication: \_\_\_\_\_